



I am an Explorer!

6 Weeks to 30 months

The Explorer Program is our most vulnerable and we take great pride in making sure that these little ones are growing in a safe, loving, developmentally appropriate and stimulating environment. We encourage these developmental milestone and accomplishments by the age of 30 months.

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| <p>Social/ Emotional</p> | <ul style="list-style-type: none"> -Copies others, especially adults and older children -Gets excited when with other children -Shows increasing amounts of independence- able to do things without help -Shows defiant behavior (doing what he/she has been told not to) to test results -Plays mainly beside other children, but is beginning to include other children, such as in chase games -Has tantrums when frustrated |
| <p>Mental</p> | <ul style="list-style-type: none"> -Finds things even when hidden under two or three covers -Begins to sort shapes and colors -Plays simple make-believe games -Builds towers of 4 or more blocks -Follows two-step instructions such as "Pick up your shoes and put them here." -Recite favorite books and nursery rhymes with you -Remember and talk about things that happened in the past, using phrases like "the other day" or "a long time ago" -Do three to four-piece puzzles |
| <p>Physical</p> | <ul style="list-style-type: none"> -Walk, run and start learning to jump with both feet -Makes or copies straight lines and circles -Throw and kick a ball; try to catch with both hands -Stand on tiptoes and balance on one foot -Climb on furniture and playground equipment without help -Walk upstairs, holding onto the railing; may alternate feet |
| <p>Creative</p> | <ul style="list-style-type: none"> -Enjoys singing aloud and dances to music -Bangs and shakes instruments to create or play along with songs -Concentrates on the process of creating art rather than the product (uses different art tools, paints, sculpts, scribbles) -Participates in finger and body plays |
| <p>Language/ Communication</p> | <ul style="list-style-type: none"> -Points to things or pictures when they are named -Knows names of familiar people and body parts -Says sentences with 2 to 4 words -Follows simple instructions -Repeats words overheard in conversation -Points to things in a book -Start asking "what's that?" and "why?" -Begin using plurals (<i>dogs</i>) and basic pronouns (<i>me, you</i>) -Names items in a picture book such as a cat, bird, or dog |